

# Creamy Herb Dressing

## Prep Time

15 minutes

## Prep Notes

n/a

## Cooking Time

n/a

## Yields

8 servings

## Ingredients

1/2 cup silken tofu  
2 garlic cloves, sliced  
1/4 cup flat-leaf parsley  
2 tbsps fresh oregano  
1/2 cup buttermilk  
1 tbsp lemon juice  
1/2 tsp sea salt  
1/4 tsp black pepper

## Directions

1. Purée tofu in a food processor.
2. Add garlic, parsley and oregano and pulse 4-5 times.
3. Add buttermilk, lemon juice, salt and pepper.
4. Purée until all ingredients are combined.
5. Cover and refrigerate.

## Notes

- This can be kept in an air-tight container for up to two weeks. Be sure to shake the container well before use.
- Use on salads for a bright and decadent summer salad. Try adding to grain salads, potato salad, or cold pasta dishes.