

Pumpkin Pie Smoothie



Ingredients

2 cups coconut milk, rice, almond or hemp milk
1 cup pumpkin puree (homemade or canned)
1 teaspoon vanilla
1 teaspoon pumpkin spice
2 Tablespoons raw honey or 5 drops stevia

Directions

Add 1 scoop of vanilla protein powder for 13 grams of plant based protein. *[Juiceplus complete](#)
Combine all ingredients in a blender; blend until smooth. Enjoy!