

Sunbutter Cups

Yields

10 balls

Ingredients

10 pitted dates

1/4 cup sunflower seed butter

1-2 tablespoons raw cacao nibs

1/2 cup rolled oats

1 tablespoon hemp seeds

dash of sea salt

Directions

Add all of the ingredients to a blender or food processor until well mixed. Form into balls and store in the refrigerator in an air-tight container.